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August 1st, 2010

Dear Anita,

It gives me great pleasure to know that you are holding a beauty pageant for Miss India CT and Miss Teen India CT again this year.

I have been made aware that Miss India CT is the first pageant to include BMI (body mass index) in their selection criteria. A healthy BMI is a very important indicator of ones' overall wellness and "beauty." The inclusion of this criteria helps to bring health and fitness awareness to the community. CAPI wishes you the best of luck in bringing this change to all the pageants around the world.

CAPI also congratulates you on your hard work as the pageant helps to spotlight not only Indian culture and beauty but the maintenance of good health.

I wish you all the best in this wonderful venture!

Sincerely,

Vibha Shah, M.D.

President, CAPI

(Connecticut Association of Physicians from India)

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